

VitalStim® Therapy Outcome Tracking

Date	
Patient ID (unique number)	
Gender	M / F
Age	
Treatment diagnosis	
Significant comorbidities	
Date onset dysphagia	

	Initial eval	Final eval
Primary movement dysfunction*		
Penetration (consistency/size)		
Aspiration (consistency/size)		
PO status (FOIS scale)	1 / 2 / 3 / 4 / 5 / 6 / 7	1 / 2 / 3 / 4 / 5 / 6 / 7

Number of treatments received	
Comments	

* write down key finding by which you will monitor progress, e.g., decreased hyolaryngeal excursion, decreased tongue base retraction, etc.

Functional Oral Intake Scale¹

TUBE DEPENDENT (levels 1-3)

1. No oral intake
2. Tube dependent with minimal/inconsistent oral intake
3. Tube supplements with consistent oral intake

TOTAL ORAL INTAKE (levels 4-7)

4. Total oral intake of a single consistency
5. Total oral intake of multiple consistencies requiring special preparation
6. Total oral intake with no special preparation, but must avoid specific foods or liquid items
7. Total oral intake with no restrictions

1. Crary MA, Carnaby-Mann GD, Groher ME. Initial psychometric assessment of a functional oral intake scale for dysphagia in stroke patients. *Arch Phys Med Rehabil* 2005;86:1516-1520